

# Friendly Visitor Program – Caring Connections

Support and Friendship for Isolated Adults



## Who We Are

The Council on Aging – Southern California has been a trusted nonprofit organization since 1973. We provide unbiased information, programs and services to more than 100,000 adults and families annually.

Our Friendly Visitor Program prevents and alleviates the physical and mental health challenges of isolated, older adults and individuals with disabilities who lack an adequate support system.

Our program offers case management services and a supportive safety net of prescreened, trained volunteers who provide weekly home visits and telephone checkups.

## Eligibility

- ▶ Older or dependent adults 18 years and above
- ▶ Frail and/or homebound
- ▶ Inadequate support system
- ▶ Willing to participate in the program

## CALL US – WE CAN HELP

We are open Monday through Friday from 8:00 A.M. to 5:00 P.M.  
The Friendly Visitor Program provides direct services in English, Spanish and Vietnamese.

**(714) 352-8820 | [www.coasc.org](http://www.coasc.org)**

## What We Do

Our program offers ongoing socialization services to isolated adults and seniors. Services are provided at no cost to participants and include:

- ▶ Comprehensive screenings
- ▶ In-home case management services
- ▶ Individual care plan
- ▶ Coordination of care
- ▶ Participant and family education
- ▶ Short-term in-home therapy as needed
- ▶ Ongoing case monitoring
- ▶ Referrals and linkages to resources
- ▶ Weekly telephone checkups
- ▶ Home visitation



**Friendly Visitor**

a Program of Council on Aging

# Council on Aging Programs

Helping Seniors Remain Healthy, Connected & Protected



- ▶ **Answers Guide** – Available in print and online, Answers has information on healthcare, caregiving, finance/legal, housing and more.
- ▶ **Friendly Visitor Program** – Provides companionship and social support to isolated, frail adults in Orange County.
- ▶ **Health Insurance Counseling and Advocacy Program (HICAP)** – Provides free, unbiased, individual Medicare counseling and seminars.
- ▶ **Long-Term Care Ombudsman Program** – Advocates for the rights of older and disabled adults living in skilled nursing and residential care facilities.
- ▶ **PEARLS OC** – The Program to Encourage Active, Rewarding Lives for Seniors (PEARLS) is a late-life depression care management program for older adults.
- ▶ **ReConnect Program** – Assists Orange County's adults age 60+ to manage and improve their emotional health and overall well-being.
- ▶ **Senior Protection Program & FAST** – Educational seminars to help you avoid financial predators and limited consultation on matters of abuse.
- ▶ **SmileMakers Guild** – Provides holiday gifts to over 6,000 residents in long-term care facilities in Orange and Riverside Counties.

88%

**OF EVERY DOLLAR SPENT  
DIRECTLY SUPPORTS OUR  
PROGRAMS & SERVICES**

We are funded by individuals, businesses, grants, and government programs.  
**VOLUNTEER AND LEARN MORE AT  
[WWW.COASC.ORG](http://WWW.COASC.ORG)**



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Council on Aging - Southern California is a nonprofit 501(c)(3) organization.

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